

# Research Newsletter



TAKE PART IN OUR RESEARCH

## Help us to explore PAs and their roles

**WHAT IS THIS ABOUT?**

- We are a group of care experienced young people and we want to find out about the job of the PAs so that we can suggest things to make it better,
- Taking part would involve meeting us in a group or on your own.

IF YOU WOULD LIKE TO GET INVOLVED OR HAVE ANY QUESTIONS PLEASE TALK TO YOUR PA OR CONTACT PHIL

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## Exploring the Role of Personal Advisors in Wales: A Co-Produced Study with Care Experienced Young People

**November 2025 update - preparing for work package 2 (WP2)**

Over the past few months, we have made progress with our literature review. The literature search is now complete, and key themes related to effective practice have been identified. This includes the importance of regular, consistent contact with professionals who “show up” and stay involved help young people build trust and stability. We are also seeing how practical support, when grounded in a real understanding of each young person’s circumstances, can make a lasting difference, and how workers who help navigate complex systems act as vital advocates, reducing barriers and strengthening engagement.

We are currently extracting and refining these themes to inform both our analysis of the ‘Magic Moments’ workshops and the development of the questions for our next phase of data collection. Over the next few months we will begin synthesising our findings and drafting the review write-up - an exciting step towards shaping the project’s emerging evidence base.

## What’s next...

Over the next three months...  
Peer researchers will support work package 2:

- Designing materials for recruitment
- Completing their training in research methods
- Carrying out data collection for work package 2
- Analysing the data from work package 2

We will also hold our next advisory panel meeting (January 2026)

## Thinking about recruitment at the last peer researcher session



## Overview of WP2

We have developed our plan for WP2 with the peer researchers. The group had a go at different research methods and discussed the benefits and challenges of these methods:

For the aims of the project; the researchers; and the research participants. The group decided that they would like to use the Q-method and focus groups in WP2.

The Q-method is a statement sorting exercise that is useful for understanding service practices.

Focus groups will then be used to discuss the findings of the Q-method.

We will aim to recruit 30 PAs and 30 young people from three local authorities in Wales.

## Introducing the team



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